



PSHE Overview for Stoke Canon C of E Primary School

Nurture and Grow Together through Compassion, Integrity, and Kindness

Year Group	Autumn 1 Me and My Relationships	Autumn 2 Rights and Responsibilities (Links with Parliament Week)	Spring 1 Keeping myself Safe (Goes with e-safety this half-term for ICT)	Spring 2 Being my best	Summer 1 Valuing Difference	Summer 2 Growing and changing
Year R/1/2 Cycle A 22/23	All About Me (R) What Makes Me Special (R) Why we have classroom rules (Y1) Thinking about feelings (Y1) Our ideal classroom (1) (Y2)	Looking after money (1): recognizing using, spending (R) Taking care of something (Y1) Harold's money (Y1) When I feel like erupting (Y2)	What's safe to go onto my body (R) Keeping myself safe: What's safe to go into my body (including medicines) (R) Healthy me (Y1) Super sleep (Y1) Harold's picnic (Y2)	Healthy eating (R) Healthy eating (2) (R) Harold has a bad day (Y1) Pass on the praise (Y1) Harold's bathroom (Y2)	I'm special, you're special (R) Same and different (R) Same OR different? (Y1) Unkind, tease or bully? (Y1) What makes us who we are? (Y2)	Life stages-Human life stage. Who will I be? (R) Where do babies come from? (R) Then and now (Y1) Who can help? (Y2) Sam moves away (Y2) Respecting privacy (Y2) Some secrets

						should never be kept (Y2) NSPCC Pants Campaign
Year R/1/2 Cycle B 23/24	Me and my special people (R) Who can help me? (R) Our Feelings (Y1) Feelings & Bodies (Y1) Our Special People balloons (Y1) Bullying or teasing? (Y2) Being a good friend (Y2)	Looking after my special people (R) Looking after Friends (R) Being helpful at home and caring for our classroom (R) Harold's wash & brush up (Y1) Around and about the school (Y1) Getting on with others (Y2)	What's safe to go onto my body (R) Keeping myself safe: What's safe to go into my body (including medicines) (R) Healthy me (Y1) Super sleep (Y1) Harold's picnic (Y2)	Bouncing back when things go wrong (R) Yes I can (R) I can eat a rainbow (Y1) Eat well (Y1) You can do it! (Y2) What does my body do? (Y2)	I'm special, you're special (R) Same and different (R) Same OR different? (Y1) Unkind, tease or bully? (Y1) What makes us who we are? (Y2)	Seasons (R) Life stages – plants, animals, humans (P1) Inside my wonderful body (Y1) Taking care of a baby (Y1) A helping hand (Y2) My body, your body (Y2) NSPCC Pants Campaign
Year R/1/2 Cycle C 24/25	My Feelings (R) My Feelings (2) (R) Good friends (Y1) How are you listening? (Y1) Types of bullying (Y2)	Caring for our world (R) Looking after money (2): Saving money and keeping it safe (R)	Keeping safe online (R) People who help to keep me safe (R) What could Harold do? (Y1)	Move your body (R) A good night's sleep (R) Harold learns to ride his bike (Y1) Catch it! Bin it! Kill it! (Y1)	Kind and caring (1) (R) Kind and caring (2) (R) It's not fair! (Y1) An act of kindness (Y2)	NSPCC Pants Campaign Getting bigger (R) Me and my body – Girls and Boys (R) Surprises and secrets (Y1)

	Let's all be happy! (Y2)	How should we look after our money? (Y1) Harold saves for something special (Y2)	Good or bad touches? (Y1) Fun or not? (Y2) Should I tell? (Y2)	Basic 1 st Aid (Y1) My body needs... (Y2)		Keeping privates private (Y1) Haven't you grown! (Y2)
Year 3/4 Cycle A- 22/23	As a rule (Y3) My special pet (Y3) An email from Harold! (Y4) Ok or not ok? (part 1) (Y4) Ok or not ok? (part 2) Under pressure (Y4) Dan's Dare (Y3) Thunks (Y3)	Harold goes camping (Y2) Our helpful volunteers (Y3) Helping each other to stay safe (Y3) Who helps us stay healthy and safe? (Y4) It's your right (Y4) Logo quiz (Y4) Harold's expenses (Y4)	Safe or unsafe? (Y3) Danger or risk? (Y3) The Risk Robot (Y3) Danger, risk or hazard? (Y4) Picture Wise (Y4) None of your business! (Y3) Raisin challenge (1) (Y3) Help or harm? (Y3)	Derek cooks dinner! (healthy eating) (Y3) Poorly Harold (Y3) Basic First aid (Y3) What makes me ME! (Y4) Making choices (formerly Ed6 Learns to be human) (Y4) Body team work (Y3) Top talents (Y3)	Solve the problem (Y2) Family and friends (Y3) My community (Y3) Can you sort it? (Y4) Let's celebrate our differences (Y3) Zeb (Y3)	Secret or surprise? (Y3) My feelings are all over the place! (Y4) All change! (Y4) My changing body (Y3) Together (Y4) Moving house (Y4)
Year 3/4 Cycle B- 23/24	Tangram team challenge (Y3) Looking after our special people (Y3) How can we solve this problem? (Y3) Human machines (Y4) Different feelings (Y4)	Recount task (Y3) Harold's environment project (Y3) How do we make a difference? (Y4) In the news! (Y4) Why pay taxes? (Y4) Can Harold afford it? (Y3)	Alcohol and cigarettes: the facts (Y3) Super Searcher (Y3) How dare you! (Y4) Medicines: check the label (Y4) Raisin challenge (2) (Y4)	For or against? (Y3) I am fantastic! (Y3) Getting on with your nerves! (Y3) SCARF Hotel (Y4) Basic first aid (Y4)	Respect and challenge (Y3) Our friends and neighbours (Y3) Islands (Y4) Friend or acquaintance? (Y4) That is such a stereotype! (Y4)	Relationship Tree (Y3) Body space (Y3) Secret or Surprise? (Y4) My feelings are all over the place! (Y4) All change! (Y4) Period positive (Y4)

	Friends are special (Y3) When feelings change (Y4)	Earning money (Y3) Safety in numbers (Y4)	Know the norms (formerly Tell Ed6) (Y4) Keeping ourselves safe (Y4)		What would I do? (Y4) The people we share our world with (Y4)	
Year 5/6 Cycle A- 22/23	Collaboration Challenge! (Y5) Give and take (Y5) Working together (Y6) Let's negotiate (Y6) Solve the friendship problem (Y6) Our emotional needs (Y5) Communication (Y5) Don't force me (Y6)	What's the story? (Y5) Fact or opinion? (Y5) Two sides to every story (Y6) Fakebook friends (Y6) What's it worth? (Y6) Happy shoppers (Y6) Democracy in Britain 1 – Elections (Y6) Democracy in Britain 2 - How (most) laws are made (Y6)	'Thinking' about habits (Y5) Jay's dilemma (Y5) Spot bullying (Y5) Think before you click! (Y6) Traffic lights (Y6) To share or not to share? (Y6) Alcohol: what is normal? (Y6) Joe's story (part 1) (Y6) Joe's story (part 2) (Y6)	Getting fit (Y5) It all adds up! (Y5) Five Ways to Wellbeing project (Y6) This will be your life! (Y6) Star qualities? (Y5) Basic first aid (Y5)	Happy being me (Y5) The land of the Red People (Y5) Respecting differences (Y6) Tolerance and respect for others (Y6) Advertising friendships! P7) Boys will be boys? - challenging gender stereotypes (Y6)	How are they feeling? (Y5) Taking notice of our feelings (Y5) Dear Hetty (Y5) Helpful or unhelpful? Managing change (Y6) I look great! (Y6) Making babies (Y6) Growing up and changing bodies (Y5) Dear Ash (Y5)

Year 5/6- 23/24 Cycle B	How good a friend are you? (Y5) Relationship cake recipe (Y5) Being assertive (Y5) Assertiveness skills (formerly Behave yourself - 2) (Y6) Behave yourself (Y6) Dan's day (Y6) Acting appropriately (Y6) It's a puzzle (Y6)	Spending wisely (Y5) Lend us a fiver! (Y5) Local councils (Y5) Rights, responsibilities, and duties (Y5) Mo makes a difference (Y5) Jobs and taxes (Y6) Action stations! (Y6) Project Pitch (parts 1 & 2) (Y6)	Drugs: true or false? (Y5) Smoking: what is normal? (Y5) Would you risk it? (Y5) Ella's diary dilemma (Y5) Decision dilemmas (Y5) Play, like, share (Y5) Rat Park (Y6) What sort of drug is...? (Y6) Drugs: it's the law! (Y6)	Different skills (Y5) My school community (2) (Y5) Independence and responsibility (Y5) Basic First Aid (Y6) What's the risk? (1) (Y6) What's the risk? (2) (Y6)	Qualities of friendship (Y5) Kind conversations (Y5) OK to be different (Y6) We have more in common than not (Y6) Is it true? (Y5) It could happen to anyone (Y5)	Changing bodies and feelings (Y5) Growing up and changing bodies (Y5) Dear Ash (Y6) Making babies (Y6) What is HIV? (Y6) It could happen to anyone (Y5) Media manipulation (Y6) Pressure online (Y6) Is this normal? (Y6)
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